Zeel® T: Summary of Product Characteristics

**Zeel® T: Tablets • Injection solution • Ointment**

**Compositions:**

**Tablets:**
1 tablet = 301.5 mg containing:
- Active ingredients: Acidum DL-alpha liponicum D6 0.03 mg, Acidum silicicum D6 3.00 mg, Arnica montana D1 0.60 mg, Cartilago suis D4 0.30 mg, Coenzym A D6 0.03 mg, Embryo totalis suis D4 0.30 mg, Funiculus umbilicalis suis D4 0.30 mg, Nadidum D6 0.03 mg, Natrium diethyloxalaceticum D6 0.03 mg, Placenta totalis suis D4 0.30 mg, Rhus toxicodendron D2 0.54 mg, Sanguinaria canadensis D3 0.45 mg, Solanum dulcamara D2 0.15 mg, Sulfur D6 0.54 mg, Symphytum officinale D8 0.15 mg.
- Excipients: Lactose monohydrate 296.94 mg, magnesium stearate 1.50 mg.

**Injection solution:**
2.0 g containing:
- Active ingredients: Acidum DL-alpha liponicum D8 2.0 mg, Arnica montana D4 200.0 mg, Cartilago suis D6 2.0 mg, Coenzym A D8 2.0 mg, Embryo totalis suis D6 2.0 mg, Funiculus umbilicalis suis D6 2.0 mg, Natrium diethyloxalaceticum D8 2.0 mg, Placenta totalis suis D6 2.0 mg, Rhus toxicodendron D2 10.0 mg, Sanguinaria canadensis D4 3.0 mg, Solanum dulcamara D3 10.0 mg, Sulfur D6 3.6 mg, Symphytum officinale D8 10.0 mg.
- Excipients: Sodium chloride 17.6 mg, water for injections 1747.4 mg.

**Ointment:**
100 g containing:
- Active ingredients: Arnica montana D3 1.500 g; Calendula officinalis Ø, Hamamelis virginiana Ø, 0.450 g each; Chamomilla recutita Ø, Acidum DL-alpha liponicum D6 0.010 g, Acidum silicicum D6 1.000 g, Arnica montana D2 0.300 g, Cartilago suis D2 0.001 g, Coenzym A D6 0.010 g, Embryo totalis suis D2 0.001 g, Funiculus umbilicalis suis D2 0.001 g, Nadidum D6 0.010 g, Natrium diethyloxalaceticum D6 0.010 g, Placenta totalis suis D2 0.001 g, Rhus toxicodendron D2 0.270 g, Sanguinaria canadensis D2 0.225 g, Solanum dulcamara D2 0.075 g, Sulfur D6 0.270 g, Symphytum officinale D8 0.750 g.
- Excipients: Cetostearyl alcohol (type A), emulsifying 8.007 g; ethanol 96% (V/V) 9.565 g; paraffin, liquid 9.342 g; white soft paraffin 9.342 g; water, purified 60.810 g.

**Indications:**
Tablets, injection solution, ointment: Arthrosis/osteoarthritis, and/or rheumatic joint diseases.

**Contraindications:**
Tablets, injection solution, ointment: Known allergy (hypersensitivity) to one or more of the ingredients.

**Special warnings and special precautions for use:**
Tablets: Patients with rare hereditary problems of galactose intolerance, Lapp lactase deficiency or glucose-galactose malabsorption should not take this medicinal product. Injection solution: None. Ointment: Cetylstearyl alcohol may cause local skin reactions (e.g. contact dermatitis). Avoid contact with eyes, mucosae, open wounds or broken skin.

**Side effects:**
Tablets, injection solution: Like all medicinal products, homeopathic medicines may cause side effects. In isolated cases transient skin allergies have been reported. The frequency of these effects is not known. Ointment: Like all medicinal products, homeopathic medicines can cause side effects in isolated cases, such as transient allergic reactions. The frequency of these effects is not known.

**Interactions with other medication:**
Tablets, injection solution, ointment: No interactions have been reported, and none are expected due to the homeopathic dilutions.

**Pregnancy and lactation:**
Tablets, injection solution, ointment: For this product no clinical data on pregnancy and lactation are available. Homeopathic dilutions of the substances present in this medicament are not known to be toxic during pregnancy and lactation. No adverse effects have so far been reported.
Effects on ability to drive and use machines: Tablets, injection solution: No effects on the ability to drive and use machines have been reported, and none are expected due to the homeopathic dilutions. Ointment: Not applicable.

Dosage: Tablets: Standard dosage: Adults (and children 12 yrs. and older): 1 tablet 3x daily; 6–11 yrs. 1 tablet 2x daily; 2–5 yrs.: 1 tablet 1–2x daily. Acute or initial dosage: Adults (and children 12 yrs. and older): 1 tablet every ½ to 1 hr., up to 12x daily, and then continue with standard dosage; 6–11 yrs.: 1 tablet every 1 to 2 hrs., up to 8x daily, and then continue with standard dosage. Method of administration: Preferably allow the tablet to dissolve in the mouth, and then swallow. For children it is possible to crush the tablet and add to a small amount of water. This medicine should be taken away from meals. Injection solution: Standard dosage: Adults (and children 12 yrs. and older): 1 ampoule 1 to 3x weekly. 6–11 yrs.: ⅔ of an ampoule 1 to 3x weekly. Acute or initial dosage: Adults (and children 12 yrs. and older): 1 ampoule daily, and then continue with standard dosage; 6–11 yrs.: ⅔ of an ampoule daily, and then continue with standard dosage. Method of administration: Solution for injection may be administered by the s.c., i.d., i.m., i.a. or i.v. route. Ointment: Standard dosage: Adults (and children 12 yrs. and older): Apply 2 to 4x daily, 6–11 yrs.: Apply 2 to 4x daily. Method of administration: For external use only. Apply a thin layer over the affected area.

Overdose: Tablets, injection solution: No cases of overdose have been reported, and none are expected due to the homeopathic dilutions. Ointment: No cases of overdose have been reported, and none are expected due to the homeopathic dilutions and external use.

Package sizes: Tablets: Packs containing 50 and 250 tablets. Injection solution: Packs containing 10, 50 and 100 ampoules of 2.0 ml each. Ointment: Tubes containing 50 and 100 g.

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Be aware that medication names, indications, and/or formulas may vary from country to country and package inserts may provide country specific information.

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